



RSU #34
ALTON ELEMENTARY SCHOOL
BREAKFAST MENU



BREAKFAST IN THE CLASSROOM IS SERVED AS A SINGLE UNIT MEAL IN EITHER A BAG OR A TRAY WITH A MILK.

EVERY DAY BREAKFAST INCLUDES A GRAIN, MILK, AND A FRUIT OR VEGETABLE, WHICH MAY BE FRESH OR IN JUICE FORM.

DAILY BREAKFAST SPECIALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
POP-TART & CHEESE STICK OR CEREAL	PANCAKE OR CEREAL	WAFFLES OR CEREAL	HOMEMADE MUFFINS & CHEESE STICK OR CEREAL	WG DONUT & YOGURT (OR CHEESE STICK) OR CEREAL

Please remember to keep your child's account current! If your child owes more than \$25.00 he/she is not allowed to have breakfast in the classroom and is offered an alternative meal at lunchtime. If you have questions about this policy, please call the Food Service Office at 827-3908.

SPECIAL DIETARY NEEDS

GLUTEN FREE AND OTHER OPTIONS ARE AVAILABLE whenever a licensed physician assesses that food allergies may result in severe, life-threatening reactions (anaphylactic reactions). In those cases, the student may then meet the definition of a student with a disability and the foodservice personnel will make the substitutions prescribed by the licensed physician (MD or DO only).

In addition, we may, at our discretion, make substitutions for individual students who do not have a disability but are unable to consume a food item because of medical or other special dietary needs. Such substitutions are made on a case-by-case basis when supported by a statement signed by a recognized medical authority (Medical Doctor, Doctor of Osteopathy, Nurse Practitioner & Physician's Assistant). For participants without a disability, the supporting statement by the recognized medical authority shall include: 1. The medical or other special dietary need that restricts the participant's diet; 2. The food(s) to be omitted from the participant's diet; and, 3. The food or choice of foods to be substituted.

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.

This menu should not be used for and does not provide menu planning for any child with a medical condition or a food allergy. Menus are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions, including allergies.

RSU #34 Food Service Director: Stephanie Salley
RSU #34 Food Service Clerk: Kim Hayward
Office Phone: 207-827-3908