

# RSU #34

LEONARD MIDDLE SCHOOL

Grades 6 - 8

DEC. 5, 2016 – JAN. 6, 2017

December





Every Day Choices: Peanut butter OR Sunbutter & Jelly Sandwich with Cheese Stick,  
Salad Bar, & Milk (1%, Skim, FF Chocolate & FF Strawberry)

Lunch: \$2.85, Reduced Lunch: \$.40, Breakfast: \$1.50, Reduced Breakfast \$.00

EACH WEEK ONE OF THE FOLLOWING SANDWICH CHOICES WILL ALSO BE OFFERED:


HAM & CHEESE, TURKEY AND CHEESE OR CHICKEN SALAD

DEC. 5	DEC. 6	DEC. 7	DEC. 8	DEC. 9
RAVIOLI WITH SAUCE	WG MOZ FILLED TWISTED BREADSTICKS	POPCORN CHICKEN WITH HASHBROWN PATTY	TURKEY BLT ON WG KAISER ROLL	FLATBREAD PIZZA
DEC. 12	DEC. 13	DEC. 14	DEC. 15	DEC. 16
BREAKFAST SANDWICH ON WG ENGLISH MUFFIN	POPCORN CHICKEN WITH WG DINNER ROLL	MACARONI & CHEESE	TURKEY MASHED POTATOES & GRAVY BREAD STICK	BREAKFAST PIZZA
DEC. 19	DEC. 20	DEC. 21	DEC. 22	DEC. 23
YOGURT CUP, CHEESE STICK, CINN GLAZED FRENCH TOAST	SHEPHERDS' PIE WG BREADSTICK	CHICKEN NUGGETS WITH WAFFLE	HOT HAM AND CHEESE SANDWICH	NO SCHOOL WINTER HOLIDAY BREAK BEGINS
DEC. 26	DEC. 27	DEC. 28	DEC. 29	DEC. 30

 Hanukkah (Chanukah) December 24 – January 1 

 Christmas – December 25 

New Year – January 1

JAN. 2	JAN. 3	JAN. 4	JAN. 5	JAN. 6
NO SCHOOL WINTER BREAK		COYOTE CHEESEBURGER W/SWEET POTATO FRIES	TURKEY BLT ON WG BUN	BREAKFAST PIZZA

DIRECTOR: STEPHANIE SALLEY  
CLERK: KIM HAYWARD

KITCHEN STAFF: SAMANTHA DOWNS, LISA FRENCH, JEN GRANHOLM, KAREN RICHARD  
OFFICE PHONE: 207-827-3908

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)  
STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at [www.myschoolbucks.com](http://www.myschoolbucks.com), or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT [WWW.RSU34.ORG](http://WWW.RSU34.ORG)), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO [www.rsu34.org/Menus/default.htm](http://www.rsu34.org/Menus/default.htm)

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,

AND LINK TO [www.myschoolbucks.com](http://www.myschoolbucks.com)

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

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## RSU 34 FOOD SERVICE

Director: Stephanie Salley

Phone: 827-3908

Clerk: Kim Hayward