



# RSU #34

VIOLA RAND ELEMENTARY SCHOOL

GRADES PRE-K - 2

DEC 4, 2017 – JAN 5, 2018








Every Day Choices: Sun Butter & Jelly with Cheese,  
Salad Bar for grades 2 - 5, Milk (1%, Skim or FF Chocolate)

Lunch: \$2.60, Reduced Lunch: \$.40

Breakfast: \$1.50, Reduced Breakfast: 0.00

## FOOD SERVICE ASSISTANT: GAIL JOHNSON

DEC 4	DEC 5	DEC 6	DEC 7	DEC 8
BAKED MAC & CHEESE DINNER ROLL BAKED BEANS PEACHES	CHICKEN NUGGET GOLDFISH CARROTS MELON SLICES	SHEPHERDS' PIE WG BREADSTICK APPLE	HAM & CHEESE ON WG ROLL CUCUMBER STICKS MIXED FRUIT	CHEESE PIZZA FRESH GARDEN SALAD STRAWBERRY CUP
DEC 11	DEC 12	DEC 13	DEC 14	DEC 15
BACON EGG & CHEESE B'FAST SANDWICH BAKED BEANS MIXED FRUIT	CHEESEBURGER ON WG ROLL GREEN BEANS ORANGES	STRAWBERRY PARFAIT WITH BREAKFAST ROUND STEAMED CORN	HOT TURKEY & GRAVY SANDWICH STEAMED CARROTS APPLE	CHEESE PIZZA BROCCOLI CRAISINS
DEC 18	DEC 19	DEC 20	DEC 21	DEC 22
CHEESEBURGER MEATLOAF GREEN BEANS MANDARIN ORANGES	TURKEY & CHEESE ON WG BUN SWEET POTATO FRIES APPLE SAUCE	WG MOZZARELLA FILLED TWISTED BREADSTICKS BAKED BEANS MIXED FRUIT	POTATO WEDGES W/ CHEESE SAUCE & SALSA WG TORTILLA CHIPS APPLE	CHEESE PIZZA BROCCOLI STRAWBERRY CUP
DEC 25	DEC 26	DEC 27	DEC 28	DEC 29
*   NO SCHOOL DEC. 25 - JAN 1   *				
JAN 1	JAN 2	JAN 3	JAN 4	JAN 5
NO SCHOOL 	POPCORN CHICKEN & WG CRACKERS CARROT STICKS ORANGE QUARTERS	BEEFY NACHO CHEESE BOAT W/ TORTILLA CHIPS BAKED BEANS PINEAPPLE	TURKEY & GRAVY MASHED POTATOES BREADSTICK APPLE	CHEESE PIZZA CUCUMBER WHEELS FRUIT CUP

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)  
STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at [www.myschoolbucks.com](http://www.myschoolbucks.com), or by calling the Food Service office (827-3908).

**PLEASE KEEP ACCOUNT BALANCES POSITIVE.**

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT [WWW.RSU34.ORG](http://WWW.RSU34.ORG)), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO [www.rsu34.org/Menus/default.htm](http://www.rsu34.org/Menus/default.htm)  
FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,  
AND LINK TO [www.myschoolbucks.com](http://www.myschoolbucks.com).

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

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### RSU 34 FOOD SERVICE

Director: Stephanie Salley

Phone: 827-3908

Clerk: Kim Hayward