

# RSU #34

VIOLA RAND ELEMENTARY SCHOOL

Grades K - 3



DEC. 5, 2016 – JAN. 6, 2017



Every Day - Kim's Special Sandwich of the week  
Salad Bar for grades 2 - 5, Milk (1%, Skim or FF Chocolate)


Lunch: \$2.60, Reduced Lunch: \$.40  
Breakfast: \$1.50, Reduced Breakfast: 0.00

DEC. 5	DEC. 6	DEC. 7	DEC. 8	DEC. 9
RAVIOLI WITH SAUCE GREEN BEANS STRAWBERRY CUP	WG MOZ FILLED TWISTED BREADSTICKS BEAN SALAD APPLE	POPCORN CHICKEN HASHBROWN PATTY PEACHES	TURKEY BLT ON WG KAISER ROLL CARROTS PEARS	CHEESE OR PEPPERONI PIZZA, TOSSED SALAD PINEAPPLE
DEC. 12	DEC. 13	DEC. 14	DEC. 15	DEC. 16
BREAKFAST SANDWICH ON WG ENGLISH MUFFIN BAKED BEANS MIXED FRUIT	POPCORN CHICKEN PEAS DINNER ROLL RED GRAPES	MACARONI & CHEESE BUTTERNUT SQUASH FRESH APPLE	TURKEY MASHED POTATOES & GRAVY BREAD STICK PEACHES	BREAKFAST PIZZA, FRESH BROCCOLI PINEAPPLE COOKIE
DEC. 19	DEC. 20	DEC. 21	DEC. 22	DEC. 23
YOGURT CUP, CHEESE STICK, CINN GLAZED FRENCH TOAST CARROTS APPLE SLICES	FIELD TRIP DAY BAGGED MUNCHABLE LUNCH	CHICKEN NUGGETS WITH WAFFLE, BROCCOLI PEACHES	HOT HAM AND CHEESE SANDWICH CELERY STICKS WITH RANCH DIP STRAWBERRY CUP	NO SCHOOL WINTER HOLIDAY BREAK BEGINS
DEC. 26	DEC. 27	DEC. 28	DEC. 29	DEC. 30

 Hanukkah (Chanukah) December 24 - January 1 

 Christmas - December 25 

New Year - January 1

JAN. 2	JAN. 3	JAN. 4	JAN. 5	JAN. 6
NO SCHOOL WINTER BREAK		COYOTE CUB CHEESEBURGER W/ SWEET POTATO FRIES STRAWBERRY CUP	TURKEY BLT ON WG BUN CUCUMBER SLICES APPLE	BREAKFAST PIZZA, TOSSED SALAD PEACHES COOKIE

2016-2017 STAFF: DIRECTOR: STEPHANIE SALLEY, CLERK: KIM HAYWARD  
KITCHEN STAFF: KAREN RICHARD  
FOOD SERVICE OFFICE: 207-827-3908

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)  
STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.  
Account info is available at [www.myschoolbucks.com](http://www.myschoolbucks.com), or by calling the Food Service office (827-3908).

**PLEASE KEEP ACCOUNT BALANCES POSITIVE.**

**IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT [WWW.RSU34.ORG](http://WWW.RSU34.ORG)), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.**

GO TO [www.rsu34.org/Menus/default.htm](http://www.rsu34.org/Menus/default.htm)

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,

AND LINK TO [www.myschoolbucks.com](http://www.myschoolbucks.com).

All menus are subject to change and substitutions as necessary and without notice.

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