



RSU #34
ALTON ELEMENTARY SCHOOL
 Grades K - 3
 JAN. 30 – MAR. 3, 2017

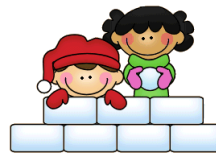


Every Day – Sandwich Choice – Peanut Butter & Jelly with veggie, fruit and milk
 Salad Bar for grades 2 – 5, Milk (1%, Skim or FF Chocolate)

Lunch: \$2.60, Reduced Lunch: \$.40
 Breakfast: \$1.50, Reduced Breakfast: 0.00

JAN. 30	JAN. 31	FEB. 1	FEB. 2	FEB. 3
FRENCH TOAST STICKS SCRAMBLED EGGS CHEESE STICK PEARS	COYOTE CUB CHEESEBURGER W/ SWEET POTATO FRIES GRAPES	CHICKEN NUGGETS BAKED POTATO WEDGES PEACHES	TURKEY BLT ON WQ BUN CUCUMBER SLICES APPLE	PIZZA TOSSED SALAD CANTALOUPE COOKIE
FEB. 6	FEB. 7	FEB. 8	FEB. 9	FEB. 10
SAUSAGE, EGG & CHEESE BREAKFAST SANDWICH ON CROISSANT BAKED BEANS APPLESAUCE CUP	DELI HAM & CHEESE SANDWICH ON WQ BREAD CARROTS PEACHES	MEXICALI TACO BOAT GREEN BEANS CANTALOUPE	TURKEY & GRAVY MASHED POTATOES DINNER ROLL PEARS	FRENCH BREAD PIZZA, FRESH BROCCOLI PINEAPPLE
FEB. 13	FEB. 14	FEB. 15	FEB. 16	FEB. 17
PANCAKES WITH EGG & CHEESE WRAP BAKED BEANS, CARROT STICKS PEARS	CHEESEBURGER ON WQ BUN ROASTED POTATO WEDGES PEACHES COOKIE	FAJITA CHICKEN WRAP CELERY STICKS WITH RANCH DIP FRUIT CUP	BREAD STICKS WITH DIPPING SAUCE APPLESAUCE	PIZZA BROCCOLI PEACHES
FEB. 20	FEB. 21	FEB. 22	FEB. 23	FEB. 24

WINTER BREAK - NO SCHOOL



FEB. 27	FEB. 28	MAR. 1	MAR. 2	MAR. 3
EGG & CHEESE CROISSANT STEAMED CARROTS GRAPES	CHICKEN NUGGETS WITH WAFFLE, BROCCOLI PEACHES	PULLED PORK & BAKED BEANS DINNER ROLL APPLESAUCE	TURKEY & CHEESE PANINI SANDWICH PEAS PEARS	CHEESE OR PEPPERONI PIZZA CELERY W/RANCH DIP KIWI

2016-2017 STAFF: GAIL JOHNSON
 FOOD SERVICE DIRECTOR: STEPHANIE SALLEY, CLERK: KIM HAYWARD
 FOOD SERVICE OFFICE: 207-827-3908

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)
 STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.
 Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm FOR UPCOMING MENUS, ONLINE MEAL APPLICATION, AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.