

Viola Rand Elementary School





Caring
Respect
Responsibility
Knowledge

MEAL PRICING:

Lunch Full Price \$2.65
Reduced Lunch Price \$0.40
Milk Only \$0.50

LUNCH Menu

February 2018

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Feb 5 - 9	Egg Omelet Pita Pocket Potato Wedges Orange Smiles	Chicken Nuggets WG Bread Stick Steamed Broccoli Blueberry Cup	Beef Hot Dog On WG Roll Baked Beans Mixed Fruit	Cheeseburger on WG Roll Green Beans Applesauce	Breakfast Pizza Diced Carrots Strawberry Cup
2 Feb 12 - 16	Hot Meatball Sub Peas Baked Apple Slices	Pulled Pork Sandwich on WG Roll Baked Beans Peaches	Mac & Cheese W/Ham Breadstick Broccoli Pears Cookie 	Tortilla Soup WG Biscuit Craisins	Pepperoni Pizza Tossed Salad Mixed Fruit
3 Feb 19 - 23	Winter Break – No School   				
Celebrating Dr. Seuss!					
4 Feb 26 – Mar 2	Roast Beast on WG Roll Baked Beans Fruit Salad	Chicken Nuggets One Fish, Two Fish, Colored Gold Fish! Who Hash Apple	Cheesy WG Breadsticks Carrot Sticks & Green Beans Peaches Pink Ink Milk	Cat In The Hat Yogurt Parfait Bagel w/ Cr. Cheese Corn	Cheese Pizza Truffula Tree Broccoli Orange Smiles Dr. Seuss' Birthday Cake

OTHER DAILY OPTONS:

Sun Butter & Jelly with listed fruits, veggies and milk may be chosen instead of the listed menu item.

Breakfast is free to all students who are eligible for free or reduced meals. Breakfast is \$1.50 for all other students and \$1.75 for adults.



RSU 34 Food Service would like to extend a HUGE thank you to the people who keep our cafeteria clean and make it such a nice place to eat and visit. Thank you Mrs. Leonard, Mrs. Gifford, Mr. Arey, and all of our teachers and helpers! We love you!



How to Contact Us...

Special Documented Dietary Needs? Need assistance with application forms?

Need to know what your child's balance is? Just have an odd question about school breakfast or lunch? Give us a call...

Contact Information for the Food Service Office: Ph: 207-827-3908
Stephanie Salley, Food Service Director; email: stephanie.salley@rsu34.org
Kim Hayward, Food Service Clerk; email: kim.hayward@rsu34.org

Nutrition Notes:

All bread and cracker grains are whole grain rich (at least 50% whole grain). Students are offered five meal components, and must choose at least three for their lunch tray. **All menus are subject to change and substitutions may be made as necessary and without notice.**

Dollars and Sense Notes:

RSU #34 Food Service does not operate for profit. **Please keep your student's accounts paid ahead, or current.**

Account transactions and balances are available at www.myschoolbucks.com, or by calling the Food Service office (827-3908). In accordance with the RSU 34 Charging Policy (Policy EFD - AVAILABLE AT WWW.RSU34.ORG), an alternate meal will be provided for students who owe more than \$25.00 and who do not bring a lunch from home. Their account will be charged. Please take the time to read the policy.

Other Miscellaneous Notes:

For menus, meal applications, and other Food Service related information, you can go to our web page at www.rsu34.org/Menus/default.htm

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating based on race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.