



RSU #34

J A LEONARD MIDDLE SCHOOL

Grades 6 - 8

FEB 5 - MAR 2, 2018






Mon	Tues	Wed	Thurs	Fri
Popcorn Chicken	All Beef Frank	Deli Sandwich	Chicken Patty	Bacon Cheeseburger
Pizza	Pizza	Pizza	Pizza	Pizza

CHECK OUT KITCHEN MANAGER SAM'S DAILY SPECIALS!!!

Every Day Choices: Peanut Butter & Jelly OR Sun Butter & Jelly Sandwich with Cheese Stick,
 Every meal is served with the Salad Bar (which includes a variety of fruits and veggies) & Milk (1%, Skim, FF
 Chocolate & FF Strawberry)

Lunch: \$2.85, Reduced Lunch: \$.40, Breakfast: \$1.50, Reduced Breakfast \$.00

KITCHEN MANAGER: SAMANTHA DOWNS, FOOD SERVICE ASSISTANTS: DESIREE LILLY, AMY MURRAY

FEB 5	FEB 6	FEB 7	FEB 8	FEB 9
TURKEY & CHEESE BLT	CHEESE BURGER WITH POTATO WEDGES	CHICKEN NUGGETS WITH WG WAFFLE	BREAKFAST SANDWICH ON ENGLISH MUFFIN	CHEESE QUESADILLA
FEB 12	FEB 13	FEB 14	FEB 15	FEB 16
CHICKEN FAJITA	WALKING TACO	SPAGHETTI & MEATBALLS	TURKEY, GRAVY & MASHED POTATOES	ASSORTED PIZZAS
FEB 19	FEB 20	FEB 21	FEB 22	FEB 23
	WINTER BREAK		NO SCHOOL	
FEB 26	FEB 27	FEB 28	MAR 1	MAR 2
FISH STICKS & POTATO WEDGES	BEEF CHEESE & NACHOS	ROASTED CHICKEN WITH MASHED POTATOES AND GRAVY	PULLED PORK ON WG BUN	CHEESE QUESADILLA

A SALAD BAR IS AVAILABLE TO ALL GRADES. STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY. ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN). MILK CHOICES INCLUDE 1%, SKIM, AND FF CHOCOLATE.

NO CHARGING MEALS IF BALANCE OWED IS OVER \$25.00.

A LA CARTE ITEMS MAY NOT BE CHARGED AT ALL. YOU MUST HAVE EITHER CASH OR AN AVAILABLE BALANCE ON YOUR ACCOUNT TO PURCHASE A LA CARTE ITEMS.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION, AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating based on race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

RSU 34 FOOD SERVICE

Director: Stephanie Salley

Phone: 827-3908

Clerk: Kim Hayward