



RSU #34

J A LEONARD MIDDLE SCHOOL

Grades 6 - 8

JAN 8 – FEB 2, 2018




Mon	Tues	Wed	Thurs	Fri
Popcorn Chicken	All Beef Frank	Deli Sandwich	Chicken Patty	Bacon Cheeseburger
Pizza	Pizza	Pizza	Pizza	Pizza

CHECK OUT KITCHEN MANAGER SAM'S DAILY SPECIALS!!!

Every Day Choices: Peanut Butter & Jelly OR Sun Butter & Jelly Sandwich with Cheese Stick, Every meal is served with the Salad Bar (which includes a variety of fruits and veggies) & Milk (1%, Skim, FF Chocolate & FF Strawberry)

Lunch: \$2.85, Reduced Lunch: \$.40, Breakfast: \$1.50, Reduced Breakfast \$.00

KITCHEN MANAGER: SAMANTHA DOWNS, FOOD SERVICE ASSISTANTS: DESIREE LILLY, AMY MURRAY

JAN 8	JAN 9	JAN 10	JAN 11	JAN 12
SCRAMBLED EGG, HAM & PANCAKES	CHICKEN FAJITAS	SPAGHETTI & MEATBALLS	TURKEY, GRAVY & MASHED POTATO	QUESADILLA
JAN 15	JAN 16	JAN 17	JAN 18	JAN 19
NO SCHOOL 	DAWWOOD SANDWICH	CHICKEN TORTILLA SOUP	BEEF & CHEESE NACHOS	ASSORTED PIZZA
JAN 22	JAN 23	JAN 24	JAN 25	JAN 26
YOGURT PARFAIT W/ BREAKFAST ROUND	BBQ PULLED PORK SANDWICH	ROASTED CHICKEN WITH DICED POTATOES	MINI CHICKEN TACOS	QUESADILLA
JAN 29	JAN 30	JAN 31	FEB 1	FEB 2
MAC & CHEESE	MEATBALL SUB	FISH STICKS & POTATO WEDGES	PORK ROAST WITH GRAVY & MASHED POTATO	ASSORTED PIZZA

A SALAD BAR IS AVAILABLE TO ALL GRADES. STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY. ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN). MILK CHOICES INCLUDE 1%, SKIM, AND FF CHOCOLATE.

NO CHARGING MEALS IF BALANCE OWED IS OVER \$25.00.

A LA CARTE ITEMS MAY NOT BE CHARGED AT ALL. YOU MUST HAVE EITHER CASH OR AN AVAILABLE BALANCE ON YOUR ACCOUNT TO PURCHASE A LA CARTE ITEMS.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,

AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

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To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

RSU 34 FOOD SERVICE

Director: Stephanie Salley

Phone: 827-3908

Clerk: Kim Hayward