

# RSU #34

VIOLA RAND ELEMENTARY SCHOOL

Grades K - 3

JAN. 2 – JAN. 27, 2017

# January



Every Day - Sandwich Choice - Kati's special sandwich of the week with veggie, fruit, and milk

Lunch: \$2.60, Reduced Lunch: \$.40  
Breakfast: \$1.50, Reduced Breakfast: 0.00

JAN. 2	JAN. 3	JAN. 4	JAN. 5	JAN. 6
NO SCHOOL LAST DAY OF WINTER BREAK	COYOTE CUB CHEESEBURGER W/ SWEET POTATO FRIES STRAWBERRY CUP	POPCORN CHICKEN HASHBROWN PATTY PEACHES	TURKEY BLT ON WG BUN CUCUMBER SLICES APPLE	BREAKFAST PIZZA, TOSSED SALAD PEARS COOKIE
JAN. 9	JAN. 10	JAN. 11	JAN. 12	JAN. 13
BREAKFAST SANDWICH ON WG ENGLISH MUFFIN BAKED BEANS MIXED FRUIT	DELI HAM & CHEESE SANDWICH TOMATO SOUP STRAWBERRIES	MEXICALI TACO BOAT GREEN BEANS PEACHES	PORK & GRAVY MASHED POTATOES DINNER ROLL APPLE	CHEESE PIZZA, FRESH BROCCOLI PINEAPPLE
JAN. 16	JAN. 17	JAN. 18	JAN. 19	JAN. 20
 NO SCHOOL	PANCAKES & SAUSAGE BAKED BEANS PINEAPPLE	SPAGHETTI & MEATBALLS CORN APPLE	FAJITA CHICKEN WRAP CELERY STICKS WITH RANCH DIP STRAWBERRY CUP	BREAKFAST PIZZA BROCCOLI PEACHES
JAN. 23	JAN. 24	JAN. 25	JAN. 26	JAN. 27
EGG & CHEESE CROISSANT STEAMED CARROTS GRAPES	CHICKEN NUGGETS WITH WAFFLE, BROCCOLI PEACHES	PULLED PORK & BAKED BEANS BREAD STICK APPLE SAUCE	HOT MEATBALL SANDWICH PEAS PEARS	CHEESE OR PEPPERONI PIZZA CELERY W/RANCH DIP KIWI

2016-2017 STAFF: KATI FRIESS  
FOOD SERVICE DIRECTOR: STEPHANIE SALLEY, CLERK: KIM HAYWARD  
FOOD SERVICE OFFICE: 207-827-3908

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)  
STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at [www.myschoolbucks.com](http://www.myschoolbucks.com), or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT [WWW.RSU34.ORG](http://WWW.RSU34.ORG)), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO [www.rsu34.org/Menus/default.htm](http://www.rsu34.org/Menus/default.htm) FOR UPCOMING MENUS, ONLINE MEAL APPLICATION, AND LINK TO [www.myschoolbucks.com](http://www.myschoolbucks.com).

All menus are subject to change and substitutions as necessary and without notice.

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