

JANUARY



RSU #34

VIOLA RAND ELEMENTARY SCHOOL

GRADES PRE-K - 2

JAN 8 – FEB 2, 2018



Every Day Choices: Sun Butter & Jelly with Cheese,
Salad Bar for grades 2 - 5, Milk (1%, Skim or FF Chocolate)

Lunch: \$2.60, Reduced Lunch: \$.40

Breakfast: \$1.50, Reduced Breakfast: 0.00

FOOD SERVICE ASSISTANT: GAIL JOHNSON

JAN 8	JAN 9	JAN 10	JAN 11	JAN 12
CHEESEBURGER ON WG ROLL CUCUMBER WHEELS ORANGE SMILES	ALL BEEF HOT DOG ON WG ROLL BAKED BEANS CRAISINS	TURKEY & GRAVY MASHED POTATOES BREADSTICK APPLE	SHEPHERDS' PIE WG BREAD STICK MIXED FRUIT	CHEESE PIZZA BROCCOLI STRAWBERRY CUP
JAN 15	JAN 16	JAN 17	JAN 18	JAN 19
NO SCHOOL 	CHICKEN SALAD ON WG ROLL STEAMED CARROTS PINEAPPLE	MEATBALLS NOODLES & GRAVY CORN CRAISINS	DELI TURKEY & CHEESE ON WG ROLL GREEN BEANS STRAWBERRIES	CHEESE QUESADILLA BROCCOLI ORANGE
JAN 22	JAN 23	JAN 24	JAN 25	JAN 26
BAGEL WITH CREAM CHEESE STRAWBERRY YOGURT PARFAIT CORN	CHICKEN NUGGETS WG CRACKERS GREEN BEANS STRAWBERRIES	MAC & CHEESE BROCCOLI APPLE	TORTILLA SOUP WG BISCUIT CRAISINS	CHEESE PIZZA CARROTS PINEAPPLE
JAN 29	JAN 30	JAN 31	FEB 1	FEB 2
CRISPY CHICKEN ON WG ROLL BAKED FRENCH FRIES ORANGE	TACO SALAD REFRIED BEANS PEARS	DELI HAM & CHEESE ON WG ROLL CUCUMBERS MIXED FRUIT	SPAGHETTI WITH MEAT SAUCE SALAD WG BREAD STICK PEACHES	CHEESE PIZZA VEGGIE CUP APPLE SAUCE CUP

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)
STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,

AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

RSU 34 FOOD SERVICE

Director: Stephanie Salley

Phone: 827-3908

Clerk: Kim Hayward

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