



RSU #34

LEONARD MIDDLE SCHOOL

Grades 6 - 8

MAY 29 – JUNE 16, 2017



JUNE IS NATIONAL DAIRY MONTH!

Every Day Choices: Peanut butter OR Sunbutter & Jelly Sandwich with Cheese Stick, Salad Bar, & Milk (1%, Skim, FF Chocolate & FF Strawberry)

Lunch: \$2.85, Reduced Lunch: \$.40, Breakfast: \$1.50, Reduced Breakfast \$.00

EACH WEEK ONE OF THE FOLLOWING SANDWICH CHOICES WILL ALSO BE OFFERED:

HAM & CHEESE, TURKEY AND CHEESE OR CHICKEN SALAD

FUN DAIRY FACTS



- Cows only have teeth in the bottom of their mouth, but they have 32 of them!
Cows eat 90 – 100 pounds of food and they drink 35 gallons of water – every day!
Dairy cows produce an average of 6.3 gallons of milk each day. That’s 2300 gallons each year and 350,000 glasses of milk in a lifetime!

Table with 5 columns (MAY 29 to JUNE 16) and 5 rows of menu items. Includes Memorial Day logo, Memorial Day logo, and a smiley face with a fork.

SUMMER MEALS ARE BEING SERVED AT ELEVEN SITES IN OUR AREA

FROM JULY 10TH THROUGH AUGUST 18TH!

MEALS ARE FREE TO ALL KIDS AGE 18 AND UNDER!

VISIT WWW.RSU34.ORG FOR A LIST OF OUR SITES AND TIMES.



2016-2017 STAFF: SAMANTHA DOWNS, DANIELLE RACKLIFF, AMY MURRAY, JEN GRANHOLM

FOOD SERVICE DIRECTOR: STEPHANIE SALLEY, CLERK: KIM HAYWARD

FOOD SERVICE OFFICE: 207-827-3908

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ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)
STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm FOR UPCOMING MENUS, ONLINE MEAL APPLICATION, AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.