



# RSU #34

OLD TOWN ELEMENTARY SCHOOL

Grades K - 5

May 29 – JUNE 16, 2017



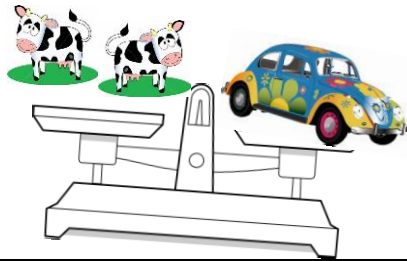
**JUNE IS NATIONAL DAIRY MONTH!  
GET READY FOR SOME FUN FACTS ABOUT DAIRY COWS!**

Every Day - Sandwich Choice - SunButter & Jelly with Cheese slice, veggie, fruit and milk  
Milk Choice: 1%, Skim or FF Chocolate

Lunch: \$2.60, Reduced Lunch: \$.40

Breakfast: \$1.50, Reduced Breakfast: 0.00

DID YOU KNOW THAT THE AVERAGE DAIRY COW WEIGHS AROUND 1,400 POUNDS? TWO OF THEM WEIGH ALMOST THE SAME AS A VOLKSWAGEN BEETLE!



Cows only have teeth in the bottom of their mouth, but they have 32 of them!



Cows eat 90 – 100 pounds of food and they drink 35 gallons of water – every day!



Dairy cows produce an average of 6.3 gallons of milk each day. That's 2300 gallons each year and 350,000 glasses of milk in a lifetime!

MAY 29	MAY 30	MAY 31	JUNE 1	JUN 2
 <b>memorial DAY</b> NO SCHOOL	CAESAR SALAD W/ CHICKEN STRIPS WG BREAD STICK ORANGES	CHICKEN SALAD SANDWICH ON WG ROLL CELERY & CUCUMBER STICKS W/ RANCH DRESSING PEACHES	COYOTE BURGER ON WG BUN CORN PINEAPPLE	CHEESE PIZZA CARROT STICKS FRUIT CUP
JUNE 5	JUNE 6	JUNE 7	JUNE 8	JUNE 9
PULLED PORK ON WG ROLL BAKED BEANS MIXED FRUIT	MACARONI PASTA SALAD WITH HAM & PEAS WG BREADSTICK WATERMELON	MAC & CHEESE GREEN BEANS PEACHES COOKIE	CRISPY CHICKEN BURGER ON WG BUN CARROT STICKS PEARS	CHEESE PIZZA, BROCCOLI APPLE
JUNE 12	JUNE 13	JUNE 14	JUNE 15	JUNE 16
CAESAR SALAD W/ CHICKEN STRIPS WG BREAD STICK PEACHES	TURKEY BLT & CHEESE ON WG ROLL CORN PEARS	CHEESE PIZZA VEGGIE STICKS WITH RANCH DRESSING FRUIT CUP	BREAKFAST ONLY - NO LUNCH SERVED TODAY. SCHOOL IS OUT AT 11:00 AM!	HAVE A SAFE AND HAPPY SUMMER! 

SUMMER MEALS ARE BEING SERVED AT ELEVEN SITES IN OUR AREA  
FROM JULY 10<sup>TH</sup> THROUGH AUGUST 18<sup>TH</sup>!  
MEALS ARE FREE TO ALL KIDS AGE 18 AND UNDER!  
VISIT [WWW.RSU34.ORG](http://WWW.RSU34.ORG) FOR A LIST OF OUR SITES AND TIMES.



**2016-2017 STAFF:**

**KITCHEN MANAGER: KIM BARNES;**  
**KITCHEN STAFF: MICHELLE SHOREY, GAIL JOHNSON & KATI FRIESS**  
**FOOD SERVICE DIRECTOR: STEPHANIE SALLEY, CLERK: KIM HAYWARD**  
**FOOD SERVICE OFFICE: 207-827-3908**

RSU 34 Foodservice...



ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)  
STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.  
RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at [www.myschoolbucks.com](http://www.myschoolbucks.com), or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT [WWW.RSU34.ORG](http://WWW.RSU34.ORG)), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO [www.rsu34.org/Menus/default.htm](http://www.rsu34.org/Menus/default.htm) FOR UPCOMING MENUS, ONLINE MEAL APPLICATION, AND LINK TO [www.myschoolbucks.com](http://www.myschoolbucks.com).

All menus are subject to change and substitutions as necessary and without notice.

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