



RSU #34

VIOLA RAND ELEMENTARY SCHOOL
 GRADES PRE-K - 2
 MAR 5 - MAR 30, 2018



on Sunday, March 1st

Every Day Choices: Sun Butter & Jelly with Cheese,
 Salad Bar for grades 2 - 5, Milk (1%, Skim or FF Chocolate) Lunch: \$2.60, Reduced Lunch: \$.40
 Breakfast: \$1.50, Reduced Breakfast: 0.00

Full Pay Weekly:
 Lunch - \$13.00/week
 Breakfast - \$7.50/week

The Best Deal in Town!

Reduced Weekly:
 Lunch - \$2.00/week
 Breakfast - \$0.00/week

Food Service Assistant: Gail Johnson

MAR 5	MAR 6	MAR 7	MAR 8	MAR 9
"WOCKET IN MY POCKET" WHO-HASH BROWN JUICE RUSH CUP	CHICKEN NUGGETS WQ BISCUIT TRUFFULA TREE BROCCOLI ORANGE SMILES	"GO-DOG-GO" HOT DOG ON A ROLL BAKED BEANS MIXED FRUIT	CHEESEBURGER ON WQ BUN GREEN BEANS APPLESAUCE	CHEESE PIZZA DICED CARROTS CRAISINS
MAR 12	MAR 13	MAR 14	MAR 15	MAR 16
SPAGHETTI & MEATBALLS GREEN PEAS MIXED FRUIT	PULLED PORK ON WQ ROLL BAKED BEANS PEACHES	CHILI & WQ TORTILLA CHIPS BREADSTICK BROCCOLI PEARS	CHICKEN SALAD ON WQ ROLL STEAMED CARROTS STRAWBERRIES	PEPPERONI PIZZA GREEN BEANS PINEAPPLE
MAR 19	MAR 20	MAR 21	MAR 22	MAR 23
VEGGIE LASAGNA WQ BISCUIT FRESH BABY CARROTS PINEAPPLE	DELI TURKEY & CHEESE ON WQ ROLL GREEN BEANS STRAWBERRIES	TERRIYAKI NUGGETS WQ CRACKERS POTATO WEDGES GRAPES	SHEPHERDS' PIE WQ BREADSTICK APPLESAUCE	CHEESE PIZZA TOSSED SALAD MANDARIN ORANGES
MAR 26	MAR 27	MAR 28	MAR 1	MAR 2
CHEESEBURGER ON WQ BUN BAKED BEANS WATERMELON	CHICKEN NUGGETS WQ WAFFLE GREEN PEAS APPLE	CHEESY BREADSTICKS WITH SAUCE FRESH BABY CARROTS PEACHES	YOGURT PARFAIT ZUCCHINI BREAD CHEESE CORN	CHEESE PIZZA BROCCOLI ORANGE SMILES

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)
 STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,

AND LINK TO www.myschoolbucks.com

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating based on race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

RSU 34 FOOD SERVICE

Director: Stephanie Salley

Phone: 827-3908

Clerk: Kim Hayward