



**RSU #34**  
**LEONARD MIDDLE SCHOOL**  
 Grades 6 - 8  
 NOV.31 – DEC. 2



Every Day Choices: Peanut butter OR Sunbutter & Jelly Sandwich with Cheese Stick,  
 Salad Bar, & Milk (1%, Skim, FF Chocolate & FF Strawberry)  
 Lunch: \$2.85, Reduced Lunch: \$.40, Breakfast: \$1.50, Reduced Breakfast \$.00

OCT. 31	NOV. 1	NOV. 2	NOV. 3	NOV. 4
BREAKFAST PIZZA	TERIYAKI CHICKEN WITH RICE	RAVIOLI WITH SAUCE	CROISSANT BREAKFAST SANDWICH	FLATBREAD PIZZA
NOV. 7	NOV. 8	NOV. 9	NOV. 10	NOV. 11
MACARONI & CHEESE	CHICKEN NUGGETS WITH WAFFLE	PORK & GRAVY WITH MASHED POTATOES	POPCORN CHICKEN W/ MASHED POTATOES, GRAVY	
NOV. 14	NOV. 15	NOV. 16	NOV. 17	NOV. 18
EGG & CHEESE CROISSANT	COYOTE CHEESEBURGER	BEEF HOT DOG ON WQ ROLL	TURKEY MASHED POTATOES CARROTS & GRAVY APPLE CRISP	ASSORTED PIZZA
NOV. 21	NOV. 22	NOV. 23	NOV. 24	NOV. 25
BAKED CHILI MAC	EUROPEAN BUFFET SPECIALS			
NOV. 28	NOV. 29	NOV. 30	DEC. 1	DEC. 2
CHEESE QUESADILLA	POPCORN CHICKEN BOAT	COYOTE CHEESEBURGER	TOMATO SOUP WITH GRILLED CHEESE SANDWICH	BREAKFAST PIZZA

**DIRECTOR: STEPHANIE SALLEY**  
**CLERK: KIM HAYWARD**  
**KITCHEN STAFF: SAMANTHA DOWNS, LISA FRENCH, JEN GRANHOLM, KAREN RICHARD**  
**OFFICE PHONE: 207-827-3908**

*November 22<sup>nd</sup> Is the European Festival.  
 The menu that day will consist of items that are favorites in Europe.*

**ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)  
 STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.**

**RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.**

Account info is available at [www.myschoolbucks.com](http://www.myschoolbucks.com), or by calling the Food Service office (827-3908).

**PLEASE KEEP ACCOUNT BALANCES POSITIVE.**

**IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT [WWW.RSU34.ORG](http://WWW.RSU34.ORG)), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME.**

**THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.**

GO TO [www.rsu34.org/Menus/default.htm](http://www.rsu34.org/Menus/default.htm)

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,

AND LINK TO [www.myschoolbucks.com](http://www.myschoolbucks.com).

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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