

November

RSU #34

J. A. LEONARD MIDDLE SCHOOL

Grades 6 - 8

OCT. 30 – DEC 1, 2017



FALL BACK IS SUNDAY, NOV. 5TH!



Mon	Tues	Wed	Thurs	Fri
Cheeseburger	All Beef Frank	Deli Sandwich	Chicken Patty	Coyote Burger

CHECK OUT DAILY SPECIALS!!!

Every Day Choices: Peanut Butter & Jelly OR Sun Butter & Jelly Sandwich with Cheese Stick, Every meal is served with the Salad Bar (which includes a variety of fruits and veggies) & Milk (1%, Skim, FF Chocolate & FF Strawberry)

Lunch: \$2.85, Reduced Lunch: \$.40, Breakfast: \$1.50, Reduced Breakfast \$.00

FOOD SERVICE ASSISTANTS: SAMANTHA DOWNS, DESIREE LILLY, DANIELLE RACKLIFF

OCT 30	OCT 31	NOV 1	NOV 2	NOV 3
BAKED MAC & CHEESE WITH DINNER ROLL	CHICKEN NUGGETS & WQ WAFFLE	COYOTE BURGER & FRIES APPLE CRISP	STEAK & CHEESE ON WQ ROLL	ASSORTED PIZZAS
NOV 6	NOV 7	NOV 8	NOV 9	NOV 10
BACON, EGG & CHEESE B'FAST SANDWICH	SHEPHERDS' PIE	BLUEBERRY YOGURT PARFAIT W/ BREAKFAST ROUND	TURKEY DINNER WITH ALL THE TRIMMINGS!	 NO SCHOOL
NOV 13	NOV 14	NOV 15	NOV 16	NOV 17
CHEESEBURGER MEATLOAF & FRIES	ORANGE CHICKEN & RICE	PULLED PORK SANDWICH CHOCOLATE CAKE	POTATO WEDGE NACHOS WITH SOUR CREAM & SALSA	ASSORTED PIZZAS
NOV 20	NOV 21	NOV 22	NOV 23	NOV 24
BACON, EGG & CHEESE BREAKFAST SANDWICH	TACO SALAD & TORTILLA CHIPS W/MANGO SALSA		NO SCHOOL NOV. 22 - NOV. 24	
NOV 27	NOV 28	NOV 29	NOV 30	DEC 1
BREAKFAST SANDWICH	ROASTED PORK DINNER	BEEFY NACHO CHEESE BOAT W/TORTILLA CHIPS	BBQ CHICKEN DINNER	ASSORTED PIZZAS

A SALAD BAR IS AVAILABLE TO ALL GRADES. STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY. ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN). MILK CHOICES INCLUDE 1%, SKIM, AND FF CHOCOLATE.

NO CHARGING MEALS IF BALANCE OWED IS OVER \$25.00.

A LA CARTE ITEMS MAY NOT BE CHARGED AT ALL. YOU MUST HAVE EITHER CASH OR AN AVAILABLE BALANCE ON YOUR ACCOUNT TO PURCHASE A LA CARTE ITEMS.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,

AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

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To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

RSU 34 FOOD SERVICE

Director: Stephanie Salley

Phone: 827-3908

Clerk: Kim Hayward