



RSU #34

J. A. LEONARD MIDDLE SCHOOL

Grades 6 - 8

OCT. 4 – OCT. 27, 2017



Mon	Tues	Wed	Thurs	Fri
CHICKEN PATTY ON WG BUN	CHEESEBURGER ON WG BUN	DELI SANDWICH ON WG BUN	COTYOTE BURGER	ALL BEEF FRANK ON WG BUN

CHECK OUT DAILY SPECIALS!!!

Every Day Choices: Peanut Butter & Jelly OR Sun Butter & Jelly Sandwich with Cheese Stick,
Every meal is served with the Salad Bar (which includes a variety of fruits and veggies) & Milk (1%, Skim, FF
Chocolate & FF Strawberry)

Lunch: \$2.85, Reduced Lunch: \$1.40, Breakfast: \$1.50, Reduced Breakfast \$1.00

FOOD SERVICE ASSISTANTS: SAMANTHA DOWNS, DESIREE LILLY, DANIELLE RACKLIFF

OCT 2	OCT 3	OCT 4	OCT 5	OCT 6
BAKED MAC & CHEESE WITH DINNER ROLL	CHICKEN NUGGETS & WG WAFFLE	COYOTE BURGER & FRIES APPLE CRISP	HAM & CHEESE ON WG ROLL	ASSORTED PIZZAS
OCT 9	OCT 10	OCT 11	OCT 12	OCT 13
 NO SCHOOL	BACON, EGG & CHEESE BREAKFAST SANDWICH	SHEPHERDS' PIE SUGAR COOKIE	ALL BEEF FRANK ON WG BUN	CHEESE OR CHICKEN QUESADILLA
OCT 16	OCT 17	OCT 18	OCT 19	OCT 20
COYOTE BURGER & FRIES	CHICKEN SALAD SANDWICH	PULLED PORK SANDWICH CARROT CAKE	POTATO WEDGE NACHOS W/ SOUR CREAM & SALSA	ASSORTED PIZZAS
OCT 23	OCT 24	OCT 25	OCT 26	OCT 27
TURKEY BLT ON WG KAISER ROLL	TACO SALAD & TORTILLA CHIPS W/MANGO SALSA	SPAGHETTI AND MEATBALLS CHOCOLATE CHIP COOKIE	ROASTED PORK MASHED POTATOES AND GRAVY DINNER ROLL	CHEESE OR CHICKEN QUESADILLA

A SALAD BAR IS AVAILABLE TO ALL GRADES. STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY. ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN). MILK CHOICES INCLUDE 1%, SKIM, AND FF CHOCOLATE.

NO CHARGING MEALS IF BALANCE OWED IS OVER \$25.00.

A LA CARTE ITEMS MAY NOT BE CHARGED AT ALL. YOU MUST HAVE EITHER CASH OR AN AVAILABLE BALANCE ON YOUR ACCOUNT TO PURCHASE A LA CARTE ITEMS.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm
FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,
AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

RSU 34 FOOD SERVICE

Director: Stephanie Salley

Phone: 827-3908

Clerk: Kim Hayward