

# Old Town High School

*Where Students are  
Challenged to Learn and  
Supported to Succeed*

## MEAL PRICING:

|                     |        |
|---------------------|--------|
| Lunch Full Price    | \$2.85 |
| Reduced Lunch Price | \$0.40 |
| Milk Only           | \$0.50 |

## LUNCH Menu

September 2018

| WEEK   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|--|--|---|---|--|
| <b>Daily<br/>Specials</b>  | •Popcorn<br>Chicken<br>•Pizza<br>•Sun Butter &<br>Jelly w/<br>Cheese Stick | •Beef Frank<br>•Pizza<br>•Sun Butter<br>& Jelly w/<br>Cheese Stick | •Deli Sandwich<br>•Pizza<br>•Sun Butter &<br>Jelly w/ Cheese<br>Stick | •Crispy<br>Chicken<br>Sandwich<br>•Pizza<br>•Sun Butter &<br>Jelly w/ Cheese<br>Stick | •Bacon<br>Cheese-burger<br>•Pizza<br>•Sun Butter &<br>Jelly w/<br>Cheese Stick |
| <b>1</b><br>Sept 3-7   | Labor Day –<br>No School   | Popcorn<br>Chicken   | Cheeseburger  | Potato Wedge<br>Nacho   | Cheese<br>Quesadilla   |
| <b>2</b><br>Sept 10-14   | Turkey BLT   | Chicken<br>Fajita Wrap   | Meatball<br>Sub   | Teriyaki<br>Chicken<br>Fried Rice<br>Egg Roll   | Assorted<br>Pizzas   |
| <b>**Thurs., Sept. 13 is Try-It-Thursday! Broccoli Slaw with Apple Cider Dressing! Try it! You'll like it!**</b> |  |  |   |   |  |
| <b>3</b><br>Sept 17-21   | Sausage, Egg &<br>Cheese<br>Breakfast<br>Sandwich                          | Ham Italian  | Steak & Cheese<br>on WG Flat<br>Bread                                 | Chicken Salad<br>Wrap   | Cheese<br>Quesadilla   |
| <b>4</b><br>Sept 24-28   | Cheese Filled<br>Breadsticks<br>with Marinara                              | Walking<br>Taco  | BBQ Pulled Pork<br>Sandwich   | Spaghetti<br>Meat Sauce<br>WG Dinner<br>Roll  | Assorted<br>Pizzas   |

A salad bar is available at all lines. Students are offered five components and must choose three to get a meal deal. All bread and cracker grains are whole grain rich (at least 50% whole grain). Milk choices include 1%, skim, and fat free chocolate.  
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Breakfast is free to all students who are eligible for free or reduced meals. Breakfast is \$1.50 for all other students and \$1.75 for adults.  
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### Nutrition Notes:

All bread and cracker grains are whole grain rich (at least 50% whole grain). Students are offered five meal components, and must choose at least three for their lunch tray. **All menus are subject to change and substitutions may be made as necessary and without notice.**

### How to Contact Us...

**Special Documented Dietary Needs? Need assistance with application forms?  
Need to know what your child's balance is? Just have an odd question about school breakfast or lunch? Give us a call...**

Contact Information for the Food Service Office: Ph: 207-827-3908  
Stephanie Salley, Food Service Director; email: stephanie.salley@rsu34.org  
Kim Hayward, Food Service Clerk; email: kim.hayward@rsu34.org

### Dollars and Sense:

Beat the Rush! Apply Early!

<https://www.nlappscloud.com/Welcome.aspx?api=aab01a0b72f7e25dd4fc2c31c126f8b4#loaded>

RSU #34 Food Service does not operate for profit. **Please keep your student's accounts paid ahead, or current.**

Account transactions and balances are available at [www.myschoolbucks.com](http://www.myschoolbucks.com), or by calling the Food Service office (827-3908). In accordance with the RSU 34 Charging Policy (Policy EFD - AVAILABLE AT [WWW.RSU34.ORG](http://WWW.RSU34.ORG)), an alternate meal will be provided for students who owe more than \$25.00 and who do not bring a lunch from home. Their account will be charged. Please take the time to read the policy.

### Other Miscellaneous Notes:

For menus, meal applications, and other Food Service related information, you can go to our web page at [www.rsu34.org/Menus/default.htm](http://www.rsu34.org/Menus/default.htm)

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating based on race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.