

Old Town Elementary School

**Work Hard and
Be Kind**

MEAL PRICING:

Lunch Full Price	\$2.65
Reduced Lunch Price	\$0.40
Milk Only	\$0.50

LUNCH Menu

September 2018

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sept. 3 - 7	Labor Day – No School	Chicken Nuggets WG Waffle Baby Carrots Apple	Cheeseburger on WG Roll Oven Baked Fries Mandarin Oranges	Ham & Cheese on WG Roll Cucumbers Mixed Fruit	Pizza Broccoli Melon Slice
2 Sept. 10 - 14	Cheese Filled Breadstick w/Sauce Tossed Salad Apple Milk	Beef Frank on WG Roll Baked Beans Blueberries	Shepherds' Pie WG Breadstick Orange	**Popcorn Chicken WG Crackers Green Beans Peaches**	Quesadilla Carrots Grapes
Thurs., Sept. 13 is Try-It-Thursday! Broccoli Slaw with Apple Cider Dressing! Try it! You'll like it!					
3 Sept. 17 - 21	Bagel with Cream Cheese Yogurt Cheese Stick Green Beans Grape Juice	Ham & Cheese on WG Roll Baked Beans Apple	Chicken Nuggets Mashed Potato Peaches Crackers	Macaroni & Cheese WG Biscuit Broccoli Raisins	Pizza Kiwi Carrots
4 Sept. 24 - 28	WG Pancake Sausage Hashbrown Grapes	Hot Meatball Sub Red pepper Strips Pears	Taco Salad WG Tortilla Chips Refried Beans Orange	Pizza Munchable Cucumbers Applesauce	Quesadilla Tossed Salad Pineapple

OTHER DAILY OPTIONS:

Sun Butter & Jelly
with listed fruits,
veggies and milk
may be chosen
instead of the listed
menu item.

Breakfast is free to
all students who are
eligible for free or
reduced meals.
Breakfast is \$1.50
for all other
students and \$1.75
for adults.

Nutrition Notes:

All bread and cracker
grains are whole grain
rich (at least 50% whole
grain). Students are
offered five meal
components, and must
choose at least three for
their lunch tray. **All
menus are subject to
change and substitutions
may be made as
necessary and without
notice.**

How to Contact Us...

Special Documented Dietary Needs? Need assistance with application forms?

Need to know what your child's balance is? Just have an odd question about school breakfast or lunch? Give us a call...

Contact Information for the Food Service Office: Ph: 207-827-3908
Stephanie Salley, Food Service Director; email: stephanie.salley@rsu34.org
Kim Hayward, Food Service Clerk; email: kim.hayward@rsu34.org

Dollars and Sense Notes:

Beat the Rush! Apply Early!

<https://www.nlappscloud.com/Welcome.aspx?api=aab01a0b72f7e25dd4fc2c31c126f8b4#loaded>

RSU #34 Food Service does not operate for profit. **Please keep your student's accounts paid ahead, or current.**

Account transactions and balances are available at www.myschoolbucks.com, or by calling the Food Service office (827-3908). In accordance with the RSU 34 Charging Policy (Policy EFD - AVAILABLE AT WWW.RSU34.ORG), an alternate meal will be provided for students who owe more than \$25.00 and who do not bring a lunch from home. Their account will be charged. Please take the time to read the policy.

Other Miscellaneous Notes:

For menus, Free and Reduced Meal applications, and other Food Service related information, you can go to our web page at

www.rsu34.org/Menus/default.htm

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating based on race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.