



RSU #34
VIOLA RAND ELEMENTARY SCHOOL
 Grades K - 3
 AUG 31 – SEPT 30



Every Day Choices: Sunbutter & Jelly with Cheese,
 Salad Bar for grades 2 - 5, Milk (1%, Skim or FF Chocolate)

Lunch: \$2.60, Reduced Lunch: \$.40

Breakfast: \$1.50, Reduced Breakfast: \$0.00

AUG 29	AUG 30	AUG 31	SEPT 1	SEPT 2
2016-2017 STAFF: DIRECTOR: STEPHANIE SALLEY CLERK: KIM HAYWARD KITCHEN MANAGER: KIM BARNES KITCHEN STAFF: MICHELLE SHOREY, SANDRA WAY, GAIL JOHNSON & KATI FRIESS			ORANGE CHICKEN STIR FRY WITH RICE, GREEN PEAS & APPLE	CHEESE CALZONE WITH SAUCE, GREEN BEANS & ORANGE SMILES
SEPT 5	SEPT 6	SEPT 7	SEPT 8	SEPT 9
 NO SCHOOL	CHICKEN NUGGETS WITH WAFFLE, CARROT STICKS AND KIWI	RAVIOLI WITH CELERY STICKS, RANCH DIP AND PEACHES	HAM AND CHEESE ON A CROISSANT, BAKED BEANS & PINEAPPLE	CHEESE QUESADILLA, TOSSED SALAD & GRAPES
SEPT 12	SEPT 13	SEPT 14	SEPT 15	SEPT 16
MEATLESS CHILI WITH VEGGIES, TORTILLA CHIPS AND FRUIT CUP	COYOTE CUB CHEESEBURGER W/ SWEET POTATO FRIES & ORANGE SMILES	POPCORN CHICKEN W/ MASHED POTATOES, GRAVY & PEACHES	PULLED PORK SANDWICH WITH BAKED BEANS & FRESH APPLE	FLATBREAD PIZZA WITH GREEN BEANS AND PINEAPPLE
SEPT 19	SEPT 20	SEPT 21	SEPT 22	SEPT 23
FRUIT & YOGURT PARFAIT W/CINNAMON B'FAST ROUNDS & CARROTS	PIZZA MUNCHABLE MEAL, CELERY STICKS AND SUNBUTTER, AND GRAPES	MACARONI & CHEESE GREEN PEAS AND FRESH APPLE	CHICKEN NUGGETS BAKED BEANS OR CORN AND PINEAPPLE	CALZONE WITH FRESH BROCCOLI AND ORANGE SMILES
SEPT 26	SEPT 27	SEPT 28	SEPT 29	SEPT 30
CHEESE QUESADILLA WITH SALSA, GREEN BEANS & MIXED FRUIT	TURKEY & CHEESE ON WQ ROLL, CUCUMBER WHEELS AND BANANA	CHICKEN DRUMMIES W/CRACKERS, CARROTS STICKS & FRESH APPLE	SHEPHERDS' PIE WITH MIXED FRUIT AND WQ CHOCOLATE CHIP COOKIE	PIZZA WITH TOSSED SALAD AND FRESH GRAPES

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)
STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME. THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,

AND LINK TO www.myschoolbucks.com.

All menus are subject to change and substitutions as necessary and without notice.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

RSU 34 FOOD SERVICE