



RSU #34

VIOLA RAND ELEMENTARY SCHOOL
 GRADES PRE-K - 2
 SEPT. 5 – SEPT. 29, 2017



Every Day Choices: Sunbutter & Jelly with Cheese,
 Salad Bar for grades 2 - 5, Milk (1%, Skim or FF Chocolate)

Lunch: \$2.60, Reduced Lunch: \$.40

Breakfast: \$1.50, Reduced Breakfast: 0.00

FOOD SERVICE ASSISTANT: GAIL JOHNSON

SEPT 4	SEPT 5	SEPT 6	SEPT 7	SEPT 8
 NO SCHOOL	CHICKEN NUGGET WG WAFFLE W/SYRUP BABY CARROTS CRISP APPLES	CHEESEBURGER ON WG ROLL OVEN BAKED FRIES MANDARIN ORANGES	HAM & CHEESE ON WG ROLL CUCUMBER WHEELS W/DIP MIXED FRUIT	CHEESY PIZZA FRESH GARDEN SALAD RED SEEDLESS GRAPES
SEPT 11	SEPT 12	SEPT 13	SEPT 14	SEPT 15
VEGGIE PASTA BAKE CUCUMBER WHEELS W/DIP PEACHES	POPCORN CHICKEN DINNER ROLL ORANGE GLAZED CARROTS CRISP APPLE	SHEPHERDS' PIE MIXED FRUIT WG CHOCOLATE CHIP COOKIE	ALL BEEF FRANKS ON WG BUN BAKED BEANS PINEAPPLE	QUESADILLA PIZZA STEAMED BROCCOLI MELON
SEPT 18	SEPT 19	SEPT 20	SEPT 21	SEPT 22
BAKED ZITI GREEN BEANS MANDARIN ORANGES	CHICKEN SALAD SANDWICH SWEET POTATO FRIES WATERMELON	COYOTE CUB BURGER BAKED BEANS APPLES & CINNAMON	POTATO WEDGE NACHOS WG SOFT PRETZEL PINEAPPLE	CHICKEN BACON RANCH PIZZA FRESH GARDEN SALAD PEACHES
SEPT 25	SEPT 26	SEPT 27	SEPT 28	SEPT 29
BAKED CHILI MAC GREEN BEANS DINNER ROLL PINEAPPLE	TURKEY BLT ON WG ROLL OVEN ROASTED VEGGIES GRAPES	SPAGHETTI AND MEATBALLS SWEET CORN APPLE	ROASTED PORK MASHED POTATOES AND GRAVY DINNER ROLL MELON SLICE	CHEESY PIZZA FRESH GARDEN SALAD FROZEN FRUIT POP

ALL BREAD AND CRACKER GRAINS ARE WHOLE GRAIN RICH (AT LEAST 50% WHOLE GRAIN)
 STUDENTS ARE OFFERED FIVE COMPONENTS AND MUST CHOOSE AT LEAST THREE COMPONENTS FOR THEIR LUNCH TRAY.

RSU #34 FOOD SERVICE DOES NOT OPERATE FOR PROFIT. PLEASE KEEP STUDENT ACCOUNTS CURRENT.

Account info is available at www.myschoolbucks.com, or by calling the Food Service office (827-3908).

PLEASE KEEP ACCOUNT BALANCES POSITIVE.

IN ACCORDANCE WITH THE RSU 34 CHARGING POLICY (EFD - AVAILABLE AT WWW.RSU34.ORG), AN ALTERNATE MEAL
 WILL BE PROVIDED FOR STUDENTS WHO OWE MORE THAN \$25.00 AND WHO DO NOT BRING A LUNCH FROM HOME.
 THEIR ACCOUNT WILL BE CHARGED. PLEASE TAKE TIME TO READ THE POLICY.

GO TO www.rsu34.org/Menus/default.htm

FOR UPCOMING MENUS, ONLINE MEAL APPLICATION,
 AND LINK TO www.myschoolbucks.com,

All menus are subject to change and substitutions as necessary and without notice.

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 basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C.
 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

RSU 34 FOOD SERVICE